

Are you tired of trying every diet out there? Are you tired of your body not being at the level of wellness that you desire? We can help! Our mission is complete transformation!

What makes Body Well different from other weight management program?

- This is a lifestyle makeover (permanent not temporary)
- Direct access to Dr. Steely for questions & concerns for 90 days
- Personalized for you through comprehensive bloodwork analysis including food sensitivities & allergies
- Uses small changes weekly to implement the transformation
- No dangerous drugs or stimulants
- Metabolic cleanse for the gut
- NO BMI, NO scales, We use a body fat % to track progress
- Works with the body
- Plans for "cheat" days
- 90 day program

**ONLY \$199 for
your first
one hour visit**

The Next Step



My passion in life is complete body wellness from the inside out, for my patients & for myself. This 3 month program will change your life just like it changed mine! Join me in this journey to create a better, healthier life for yourself!
~Dr. Kristen Steely
Wellness Consultant
Chiropractic Physician

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